









## Look who's getting social! We made it easy for you to get updates from Student Affairs departments like Housing, Fraternity &

Sorority Life, Dining, Campus Rec & Wellness, Inclusiveness & Intercultural Services – just to name a few! Comment on posts, ask questions and share with friends and family.

# Follow Us @TCUStudents

#### **Get Moving Contest - Tik Tok Challenges** TCU has joined over 60 universities across

the country to log 5 million minutes of movement while we are social distancing. We're also in competition to log the most hours per student. Create an account at 2020RecreationMovement.com to log your activities (go back and log your times for the entire month). There are also daily Tik Tok challenges and free live fitness classes. Let's





move and log those minutes.

# **Live Chat Anyone?**

Have questions and not sure where to go for answers? Start with Student Affairs. We can help by answering your question or getting you in contact with the right group. Live chat available Monday - Friday, 8am-5pm CST.



# Looking for one place to get updates on

TCU's COVID-19 response, in addition to online resources from Academic Advising, Student Activities, the Career Center and more? Visit TCU's Virtual Support Services website.



Even though we are apart, there are still events happening exclusively for TCU students. Check out what2do@tcu and find gaming competitions, support groups, career events, fitness classes and more. New activities added daily!

What2do@TCU



## If you are living on campus or in the Fort

Worth area, you can come pick up free produce at TCU. Free meals also available from Market Square. Visit TCU Dining for more details on how to sign up and the times and days you can pick up.



SENIOR speak up

### Stay fit and well using Campus Rec's new online REC@HOME programs. We have live workouts via

REC@HOME

Zoom, pre-recorded workouts, and live and prerecorded wellness workshops also.



# Class of 2020 go to sds.tcu.edu or visit us on IGTV (@tcu\_sds).

Every year students are nominated and selected to share their stories with TCU. Their stories focus on finding your fit, diversity, equity and inclusion, discovering your passions, building community, mental health, and embracing change. To watch these remarkable videos from the

**Keeping the TCU Community Safe** TCU Police patrol our campus 24/7. Let them know





concerns.

concerns they should be aware of if you are either on or off-campus. Call 817-257-7777 to report

Inclusion Officer. Reports can be submitted online.









STUDENT AFFAIRS









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